



# Legislative Report

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## Dementia Grants Annual Progress Report

January 2018

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# I. Executive summary

In 2015 the Minnesota Legislature amended Minnesota Statutes section 256.975 to create a competitive grants program administered by the Minnesota Board on Aging (MBA) that focuses on dementia and its impacts on persons with dementia, family and friend caregivers of persons with dementia and communities. The Legislature appropriated \$1.5 million in each biennium for this grant program.

On December 4, 2015 the MBA awarded the \$1.5 million through a competitive request for proposals (RFP) to 20 applicants for Fiscal Year (FY) 2016-17. On July 5, 2017 the MBA awarded \$750,000 through a second competitive RFP to 10 applicants for FY 2018. In each case, the grants represent regional and local projects that increase awareness of Alzheimer's disease, increase the rate of cognitive testing, promote the benefits of early diagnosis and connect family and friend caregivers of persons with dementia to education and resources.

## A. FY 2016-17 grantees

The grantees represent six state planning and service areas with grants ranging from \$17,374 - \$149,508. The grantee group has completed their full contract term. They have successfully completed general awareness education and training to more than 22,085 persons including community members, healthcare professionals, emergency personnel and business owners and their employees.

The grantees have also provided services and resources to nearly 1,473 caregivers and over 1,499 persons suspected or diagnosed with Alzheimer's and other dementias.

Key evaluation outcomes of the FY 2016-17 grantees' experiences in providing Alzheimer's disease and related dementias (ADRD) services and information include:

- The caregivers, persons with dementia, general population, employers, healthcare providers and emergency service personnel were eager to receive the education and services.
- Smaller organizations, particularly in rural areas, found that their community lacked qualified and suitable respondents to fill a staff position with a specialized disease focus. When potential candidates were found those applicants had different expectations from the organization for the desired salary.
- Larger organizations, preparing to tackle this new topic, also found it hard to capture and retain staff who were a good fit for this chronic disease thus stalling their program at times. Extension of the grant timeline could help all organizations execute a more successful start-up and expend all their funds.
- Several grantees had significant difficulties in engaging the Hispanic community and Somali refugee community, particularly in non-Metro areas, resulting in less of those

cultural clients being served than projected. Contracting with a cultural consultant during the RFP pre-submission phase may assist in creating a more person-centered and culturally appropriate outreach and service plan.

- Efforts to offer early identification screening of ADRD to cultural groups required intensive efforts to increase the capacity of staff (both Caucasian and cultural staff) to be culturally responsive; build trust and increase understanding among the cultural communities of the importance of screening to their health; and to find a culturally appropriate screening tool. Early planning and patience is needed to recognize that change in beliefs will be incremental for cultural groups who have endured much historical trauma
- There were also challenges in serving the Lesbian, Gay, Bisexual and Transgender (LGBT) community due to their concern for personal safety. The provider mentions that the political climate and the past history of exclusion and violence against the LGBT population in certain geographic areas is once again more visible. Therefore the LGBT community is receiving services from the system with reluctance
- In general, organizations that contracted with a cultural consultant to assist in their program efforts found it to be of significant benefit. In the words of one grantee “we needed to have better conversations with clients and their families to effectively provide the kind of support, education and knowledge that our clients and their families could benefit from. We would not have gotten this kind of expertise and knowledge without a cultural consultant.”

## **B. FY 2018 grantees**

The second round of grantees represent six state planning and service areas with grants ranging from \$29,941 - \$121,996. This grantee group has completed one quarter of their contract term. They have successfully completed general awareness education and training to more than 1,873 persons including community members, healthcare professionals, emergency personnel and business owners and their employees.

The grantees have also provided services and resources to nearly 135 family, friends and neighbors caregiving and over 205 persons suspected or diagnosed with Alzheimer’s and other dementias.

## II. Legislation

Minnesota Statutes 2016, section 256.975, subdivision 11, Minn. Stat. 256.975 (2016).

Subdivision. 11. Regional and local dementia grants.

(a) The Minnesota Board on Aging shall award competitive grants to eligible applicants for regional and local projects and initiatives targeted to a designated community, which may consist of a specific geographic area or population, to increase awareness of Alzheimer's disease and other dementias, increase the rate of cognitive testing in the population at risk for dementias, promote the benefits of early diagnosis of dementias, or connect caregivers of persons with dementia to education and resources.

(b) The project areas for grants include:

(1) local or community-based initiatives to promote the benefits of physician consultations for all individuals who suspect a memory or cognitive problem;

(2) local or community-based initiatives to promote the benefits of early diagnosis of Alzheimer's disease and other dementias; and

(3) local or community-based initiatives to provide informational materials and other resources to caregivers of persons with dementia.

(c) Eligible applicants for local and regional grants may include, but are not limited to, community health boards, school districts, colleges and universities, community clinics, tribal communities, nonprofit organizations, and other health care organizations.

(d) Applicants must:

(1) describe the proposed initiative, including the targeted community and how the initiative meets the requirements of this subdivision; and

(2) identify the proposed outcomes of the initiative and the evaluation process to be used to measure these outcomes.

(e) In awarding the regional and local dementia grants, the Minnesota Board on Aging must give priority to applicants who demonstrate that the proposed project:

(1) is supported by and appropriately targeted to the community the applicant serves;

(2) is designed to coordinate with other community activities related to other health initiatives, particularly those initiatives targeted at the elderly;

(3) is conducted by an applicant able to demonstrate expertise in the project areas;

(4) utilizes and enhances existing activities and resources or involves innovative approaches to achieve success in the project areas; and

(5) strengthens community relationships and partnerships to achieve the project areas.

(f) The board shall divide the state into specific geographic regions and allocate a percentage of the money available for the local and regional dementia grants to projects or initiatives aimed at each geographic region.

(g) The board shall award any available grants by January 1, 2016, and each July 1 thereafter.

(h) Each grant recipient shall report to the board on the progress of the initiative at least once during the grant period, and within two months of the end of the grant period shall submit a final report to the board that includes the outcome results.

(i) The Minnesota Board on Aging shall:

(1) develop the criteria and procedures to allocate the grants under this subdivision, evaluate all applicants on a competitive basis and award the grants, and select qualified providers to offer technical assistance to grant applicants and grantees. The selected provider shall provide applicants and grantees assistance with project design, evaluation methods, materials, and training; and

(2) submit by January 15, 2017, and on each January 15 thereafter, a progress report on the dementia grants programs under this subdivision to the chairs and ranking minority members of the senate and house of representatives committees and divisions with jurisdiction over health finance and policy. The report shall include:

(i) information on each grant recipient;

(ii) a summary of all projects or initiatives undertaken with each grant;

(iii) the measurable outcomes established by each grantee, an explanation of the evaluation process used to determine whether the outcomes were met, and the results of the evaluation; and

(iv) an accounting of how the grant funds were spent.

## III. Introduction

In 2015 the Minnesota Legislature amended Minnesota Statutes section 256.975 to create a competitive grants program administered by the MBA that focuses on ADRD and its impacts on persons with dementia, family and friend caregivers of persons with dementia, and communities. The Legislature appropriated \$1.5 million in each biennium for this grant program.

The MBA sought proposals from qualified responders for regional and local projects to increase awareness of Alzheimer's disease, increase the rate of cognitive testing, promote the benefits of early diagnosis, or connect family and friend caregiving for persons with dementia to education and resources. During state FYs 2016 and 2017 the MBA awarded \$1.5 million in grant funds. During FY 2018 the MBA awarded \$750,000 in grant funds.

### A. FY 2016-17 grantees

The RFP was open August 24 to September 16, 2015. 20 successful applications were approved by the MBA at its December 4, 2015 meeting.

Projects began on January 1, 2016 and ended on June 30, 2017. This document incorporates a final report of the accomplishments of the FYs 2016-17 grantees.

Key evaluation outcomes of the FYs 2016-17 grantees' experiences in providing ADRD services and information include:

- The caregivers, persons with dementia, general population, employers, healthcare providers and emergency service personnel were eager to receive the education and services.
- Smaller organizations, particularly rural, found that their community lacked qualified and suitable respondents to fill a position with a specialized disease focus. When a potential applicant was found then salary was an even more difficult impediment to hiring. More funding is needed to boost the efforts of these organizations to both provide quality service to customers and a living wage to staff.
- Larger organizations, preparing to tackle this new topic, also found it hard to capture and retain staff who were a good fit for this chronic disease thus stalling their program at times. Extension of the grant timeline could help all organizations execute a more successful start-up and expend all their funds.
- Several grantees had significant difficulties in engaging the Hispanic community and Somali refugee community, particularly in non-Metro areas, resulting in less of those cultural clients being served than projected. Contracting with a cultural consultant during the RFP pre-submission phase may assist in creating a more person-centered and culturally appropriate outreach and service plan.



- Efforts to offer early identification screening of ADRD to cultural groups required intensive efforts to increase culturally responsive skills among staff (both Caucasian and cultural staff); build trust and understanding among the cultural communities of the health importance of screening; and to find a culturally appropriate screening tool. Early planning and patience is needed to recognize that change in beliefs will be incremental for cultural groups who have endured much historical trauma.
- In general, organizations that contracted with a cultural consultant to assist in their program efforts found it to be of significant benefit. In the words of one grantee “we needed to have better conversations with clients and their families to effectively provide the kind of support, education and knowledge that our clients and their families could benefit from. We would not have gotten this kind of expertise and knowledge without a cultural consultant.

## **B. FY 2018 grantees**

The RFP was open March 13, 2017 through April 14, 2017. 10 successful applications were approved by the MBA at its July 5, 2017 meeting.

Projects began on July 21, 2017 with an end date of June 30, 2018. This document incorporates a review of the progress to date of the FY 2018 grantees.

## IV. Description of grantees

### A. FY 2016-17 grantees

Grantees included 14 community organizations, one educational institution, two public health boards, one long-term services and supports provider and one hospital.

All 20 grantees focused on raising awareness of Alzheimer's disease and other dementia in their communities. One grantee focused their awareness activities on the Korean cultural use of social media to perform outreach and to connect with Korean community members. Another grantee focused their work in the Latino community by presenting a dementia-focused play written and performed by persons living with dementia and their family and friend caregivers.

Seventeen grantees offered services to family and friend caregivers of persons with dementia to connect them with services, education and resources.

Fourteen grantees offered specific services responsive to the cultural norms and values of African-American, American Indian, Lesbian, Gay, Bisexual and Transgender (LGBT), Korean, Lao, Latino, Russian and Somali cultures.

Six grantees promoted the benefits of early diagnosis of dementia. This included screening to identify early memory loss among Somalis and African-Americans in senior public housing facilities, collaborating with businesses to identify and educate working family and friend caregivers, and training exercise professionals about safe exercise programs for people with Alzheimer's disease.

Three organizations focused efforts on increasing cognitive testing, which includes enlisting family and friend caregivers to encourage a person with memory loss to seek testing.

Awards were distributed across both rural and urban locations.

Grant awards ranged from \$17,374 - \$149,508.

Grantees are listed below by their state planning and service area with a brief description that includes the award amount, project goals and results.

#### **Northeast planning and service area**

Northeast includes Aitkin, Carlton, Cook, Itasca, Koochiching, Lake and St. Louis counties.

- **Age Well Arrowhead, Inc.**, Duluth received \$49,999 for dementia education to 100 local employers and their employees, and support and resources for 50 working family and friend caregivers. The results at the end of the grant were: provided dementia education to 63 local employers and 549 employees as well as 595 general community members. Also, offered support and resources to 25 working family and friend caregivers.

- **Koochiching Aging Options**, International Falls received \$40,646 to offer dementia education to 180 persons and to connect 52 family and friend caregivers to services and resources, while also partnering with health care providers to establish referral protocols. The results at the end of the grant were: offered dementia education to 104 persons and connected 46 family and friend caregivers to services and resources, while also partnering with health care providers to establish referral protocols.

### Central planning and service area

Central includes Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena and Wright counties.

- **Helping Hands Outreach**, Holdingford, \$49,713 to offer dementia education to 410 persons, early identification screening to 290 persons, cognitive testing of 36 persons by health care providers and connecting 40 family and friend caregivers to services and resources. The results at the end of the grant are: offered dementia education to 1,087 persons, early identification screening to 80 persons, referred 21 persons for cognitive testing by health care providers and connected 34 family and friend caregivers to services and resources.
- **Isanti County Public Health**, Cambridge, \$138,944 for 10 organizations to implement an Alzheimer's disease care coordination model to service 500 people, create a dementia electronic medical records (EMR) process for 150 persons to facilitate early identification screening and connect family and friend caregivers to services and resources, offer dementia education to 1,870 persons and promote tracking technology for the search and rescue of up to 15 individuals with cognitive disorders. The results at the end of the grant are: completion of an Alzheimer's disease care coordination model and creation of a dementia (EMR) process to facilitate early identification screening and connect family and friend caregivers to services and resources; offered dementia education to 919 persons and developed a protocol for using tracking technology for the search and rescue of individuals with cognitive disorders.
- **Morrison-Todd-Wadena Community Health Board**, Little Falls, \$49,825 for three county public health agencies to offer dementia education to the public and to professionals using numerous media outlets with a market reach of 5,214 persons, present to 100 community members and to lead at least one community to successfully become an ACT - Dementia Friendly community. The results at the end of the grant are: offered dementia education to the public and professionals using numerous media outlets to 1,025 persons, presented to 864 community members and assessed the dementia readiness of two county communities.

### Northwest planning and service area

Northwest includes Becker, Beltrami, Clay, Clearwater, Douglas, Grant, Hubbard, Kittson, Lake of the Woods, Mahnommen, Marshall, Norman, Otter Tail, Pennington, Polk, Pope, Red Lake, Roseau, Stevens, Traverse and Wilkin counties.

- **Northwoods Interfaith Volunteer Caregivers Program**, Bemidji, \$149,508 for dementia education for 390 persons, early identification screening for 70 persons, cognitive testing with healthcare providers and to connect 240 family and friend caregivers to services and resources responsive to American Indian and LGBT individuals. The results at the end of the grant are: provided dementia education for 6,129 persons, cognitive testing by healthcare providers for two persons and connected 96 family and friend caregivers to services and resources responsive to 24 American Indian with the hope of connecting with LGBT individuals.

### Metropolitan planning and service area

Includes Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington counties.

- **Centro Tyrone Guzman**, Minneapolis, \$88,500 for Spanish-based dementia education for 300 persons, including theater productions, as well as support and resources for 81 family and friend caregivers. The results at the end of the grant are: provided Spanish-based dementia education for 426 persons, including theater productions, as well as support and resources for 22 family and friend caregivers.
- **Comunidades Latinas Unidas En Servicio**, St. Paul, \$49,999 for outreach and dementia education to 180 persons and to connect 140 Latino family and friend caregivers to services and resources. The results at the end of the grant are: provided outreach and dementia education to 901 persons and connected 43 Latino family and friend caregivers to services and resources.
- **East Side Neighborhood Services, Inc.**, Minneapolis, \$49,953 to offer dementia education to the organization's 140 employees and volunteers who provide services to older adults at home and to provide education, support and resources to 16 family and friend caregivers. The results at the end of the grant are: offered dementia education to 224 of the organization's employees and volunteers who provide services to older adults at home and provided education, support and resources to 172 family and friend caregivers.
- **Jewish Family and Children's Service of Minneapolis**, Minnetonka, \$135,000 to provide dementia education to 500 persons, offer early identification memory screening to 700 persons and connect 140 family and friend caregivers to services and resources while being responsive to Jewish, Russian-speaking and Somali individuals. The results at the end of the grant are: provided dementia education to 746 persons, offered early identification memory screening to 758 persons and connected 49 family and friend caregivers to services and resources. Also, they were able to provide culturally

responsive services to caregivers and persons with memory concerns: 276 Jewish and Russian-speaking, 9 Hispanic/Latino, 182 Somali and 22 individuals of Vietnamese, Tigrigna or Ethiopian ancestry.

- **Jones-Harrison Residence**, Minneapolis, \$49,504 to offer dementia education for 168 LGBT individuals and create appropriate key messages for to reach at least 2,500 members of the LGBT community. The results at the end of the grant are: created key messages that reached 3,173 members of the LGBT community.
- **Korean Service Center**, Lauderdale, \$91,543 for outreach to the Korean community using social media and materials written in Korean, provide dementia education to 200 individuals, and connect 70 family and friend caregivers to services and resources responsive to Korean individuals. The results at the end of the grant are: initiated a social media campaign in Korean, provided dementia education to 67 individuals and connected 36 Korean family and friend caregivers to services and resources.
- **Lao Advancement Organization of America**, Minneapolis, \$49,994, to offer dementia awareness education to 30 businesses and community organizations reaching 1,500 individuals and to connect 65 family and friend caregivers to services and resources responsive to Lao individuals. The results at the end of the grant are: offered dementia awareness education to 653 persons and connected 70 Lao family and friend caregivers to services and resources.
- **University of Minnesota - Minnesota Memory Care Management Center**, Minneapolis, \$92,313 to provide dementia care for 150 persons with dementia and support 150 family and friend caregivers while being responsive to Hispanic individuals. The results at the end of the grant are: provided dementia care for 37 persons and supported 14 family and friend caregivers. Also, they were able to provide culturally responsive services to caregivers and persons with memory concerns: 18 African Americans and 40 Hispanics.
- **University of Minnesota - Fit**, Minneapolis, \$73,500 to train 10 exercise coaches to safely lead persons with Alzheimer's disease in regular exercise. The results at the end of the grant are: completed protocols and materials for a two level (Basic and Advanced) for training exercise coaches to safely lead persons with Alzheimer's disease in regular exercise and trained 10 exercise coaches to deliver the service.
- **Volunteers of America of Minnesota**, Minneapolis, \$130,697, to provide dementia education to 225 persons, offer early identification screening to 450 residents in Minneapolis public housing senior high rises and another 450 individuals in the community, and to connect 225 family and friend caregivers to services and resources while being responsive to African-American and Somali individuals. The results at the end of the grant are: provided dementia education to 1,000 persons, offered early identification screening to 528 residents in Minneapolis public housing senior high rises plus 228 individuals in the community, and connected nine family and friend caregivers to services and resources. Also, the organization provided culturally responsive care to:

229 African-American, three American Indians, two Hispanic Latino and 130 Somali plus 43 others (Oromo, Liberian, Asian and other).

### **Southwest planning and service area**

Includes Big Stone, Blue Earth, Brown, Chippewa, Cottonwood, Faribault, Jackson, Kandiyohi, Lac Qui Parle, Le Sueur, Lincoln, Lyon, Martin, McLeod, Meeker, Murray, Nicollet, Nobles, Pipestone, Redwood, Renville, Rock, Sibley, Swift, Waseca, Watonwan and Yellow Medicine counties.

- **A.C.E. of Southwest Minnesota**, Slayton, \$93,000 for a five-county project including dementia education for 1,100 consumers and health care providers, early identification screening, and providing family and friend caregiver services and resources for 795 persons, while being responsive to American Indian and Hispanic individuals. The results at the end of the grant are: provided dementia education for 1,630 consumers and health care providers, early identification screening for 61 persons and 248 family and friend caregiver services. Also, the organization provided culturally responsive care to: seven American Indian caregivers and Hispanic/Latino, as well as offering early identification awareness training classes to 127 English as Second Language (ESL) students from 12 countries.
- **Chippewa County Montevideo Hospital**, Montevideo, \$17,374 to increase access to a memory clinic for up to five Hispanic individuals; provide dementia education including “Virtual Dementia Tours” to 300 community members and connecting family and friend caregivers to services and resources. The results at the end of the grant are: increased access to a memory clinic for up to four Hispanic individuals, provided dementia education to 470 community members, and connected family and friend caregivers to services and resources.
- **Mid-Minnesota Development Commission**, Willmar, \$49,999 to offer dementia education to 1,000 residents and businesses, establish a Memory Cafe and connect 36 family and friend caregivers to services and resources while being responsive to Hispanic and Somali individuals. The results at the end of the grant are: offered dementia education to 1,268 residents and businesses, established a Memory Cafe and connected 302 family and friend caregivers to services and resources while being responsive to caregivers and persons with memory concerns from various cultural communities: 10 African American, eight American Indian, 26 Hispanic, one Laotian, and six Somali.

### **Southeast planning and service area**

Includes Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha and Winona counties.

- **Three Rivers Community Action, Inc.**, Zumbrota, \$49,989 to offer dementia education and early identification screening to 88 older adults and connect 72 family and friend caregivers to services and resources while being responsive to Hispanic and Somali

individuals. The results at the end of the grant are: offered dementia education to 440 persons, early identification screening to 88 older adults and connected 49 family and friend caregivers to services and resources while being responsive to Hispanic and Somali individuals.

## **B. FY 2018 grantees**

The current round of grantees include eight community organizations, one educational institution and one public health board.

All 10 grantees focused on raising awareness of Alzheimer's disease and other dementia in their communities. One grantee focused their awareness activities on the Somali culture to increase awareness of Alzheimer's disease and gain their trust so as to increase their screening rate.

Eight grantees offered services to family and friend caregivers of persons with dementia to connect them with services, education and resources.

Four grantees offered specific services responsive to the cultural norms and values of African-American, American Indian, Lesbian, Latino, Jewish, Russian-speaking and Somali cultures.

Six grantees promoted the benefits of early diagnosis of dementia. This included screening to identify early memory loss among Somalis and African-Americans in senior public housing facilities and collaborating with businesses to identify and educate working family and friend caregivers.

Three organizations focused efforts on increasing cognitive testing, which includes enlisting family and friend caregivers to encourage a person with memory loss to seek testing.

Awards were distributed across both rural and urban locations.

Grant awards ranged from \$29,914 - \$121,996.

Grantees are listed below by their state planning and service area with a brief description that includes the award amount, project goals and results.

### **Northeast planning and service area**

Northeast includes Aitkin, Carlton, Cook, Itasca, Koochiching, Lake and St. Louis counties.

- **Age Well of Arrowhead Inc.**, Duluth, \$49,999. Extend dementia awareness training to employers, business organizations and service 10 employers and 120 employees; provide support and services to 25 caregivers; and conduct dementia friendly business trainings for six businesses. The results to date are: Extended dementia awareness training to one employer or business organizations and served 10 employees thus-far. Pre-planning for support and services to caregivers.

- **Koochiching Aging Options**, International Falls, \$30,570. Increase awareness thru educational outreach to county; promote utilization of standards for referral with Essentia Clinic; continue Memory Café for persons with dementia and caregivers. The results to date are: Pre-planning for outreach to county and referral protocol with Essentia Clinic while offering services to 12 caregivers and six persons with dementia.

### Central planning and service area

Central includes Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena and Wright counties.

- **Isanti County Public Health**, Cambridge, \$ 88,738. Increase dementia awareness thru two health fairs; pilot EMR tools with healthcare staff; expand Project Lifesaver; create an Arts and Activities Library to support 10 caregivers. The results to date are: Increase dementia awareness to 23 persons thru one community event; pre-planning with 23 healthcare staff to pilot EMR tools; and has provided support to seven caregivers and four persons with dementia.

### Northwest planning and service area

Northwest includes Becker, Beltrami, Clay, Clearwater, Douglas, Grant, Hubbard, Kittson, Lake of the Woods, Mahnomon, Marshall, Norman, Otter Tail, Pennington, Polk, Pope, Red Lake, Roseau, Stevens, Traverse and Wilkin counties.

- **Northwoods Interfaith Volunteer Caregivers Program**, Bemidji, \$125,000. Increase dementia awareness to 200 persons; host welcoming for 50 LGBT elders; early identification education; and caregiver consultation for 40 persons including 10 American Indians. The results to date are: Increased dementia awareness to 1,025 persons; planning outreach to LGBT elders and early identification education; and has provided caregiver consultation for 8 persons including one American Indian.

### Metropolitan planning and service area

Includes Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington counties.

- **East Side Neighborhood Services, Inc.**, Minneapolis, \$ 49,999. Increase dementia awareness to 150 persons; host a Memory Meetup group; Growing Connections gardening group each targeting 20 persons with dementia and care partners; and an MCI/Early Stage Dementia Support Group for 20 persons. The results to date are: Increased dementia awareness to 20 persons; provided service for three persons with dementia and care partners thru the Memory Meetup group and two persons with dementia and care partners thru the Growing Connections gardening group while in planning phase for the Mild Cognitive Impairment/Early Stage Dementia Support Group.
- **Jewish Family and Children's Services of Minneapolis**, Minnetonka, \$125,000. Complete memory screening for 180 Somali and 180 Russian-Speaking seniors using a culturally responsive screening tool; provide dementia caregiver coaching for 65 older adults (20



Somali and 19 Russian); conduct 22 Dementia Friends trainings for 440 persons including Russian Speaking participants; provide one Dementia Champion training for 10 Dementia Champion Volunteers. The results to date are: Completed memory screening for 126 persons including 40 Somali and 50 Russian-speaking older adults using a culturally responsive screening tool; has offered caregiver coaching to six persons and in process of pre-planning for coaching outreach to Somali and Russian-speaking populations; and planning for Dementia Champion training.

- **University of Minnesota – Borson**, Minneapolis, \$78,674. Develop a billing/reimbursement toolkit for up to 12 FQHC providers for primarily low income including racially diverse and immigrant populations; enhance provider readiness; propel practice change; and host up to 5 community meetings to develop tailored messaging for the communities. The results to date are: Outreach is ongoing to Federally Qualified Health Care (FQHC) providers for primarily low income including racially diverse and immigrant populations; meetings have been held with 2 community partners and training for 13 healthcare professionals to enhance provider readiness.
- **Volunteers of America of Minnesota (VOA)**, Minneapolis, \$121,996. Focusing on the Public Housing Authority Senior High-Rise Buildings to: offer 120 culturally adapted education & exercise activities; memory screening for 200 adults; support 250 caregivers; and initiate five dementia trainings to Minnesota Public Housing Authority (MPHA), VOA and others. The results to date are: offered three community and high – rise culturally adapted education & exercise activities to a total of 43 residents; provided memory screening for 56 adults; supported 27 caregivers; and initiate four dementia trainings to MPHA, VOA and others.

### **Southwest planning and service area**

Includes Big Stone, Blue Earth, Brown, Chippewa, Cottonwood, Faribault, Jackson, Kandiyohi, Lac Qui Parle, Le Sueur, Lincoln, Lyon, Martin, McLeod, Meeker, Murray, Nicollet, Nobles, Pipestone, Redwood, Renville, Rock, Sibley, Swift, Waseca, Watonwan and Yellow Medicine counties.

- **A.C.E. of Southwest Minnesota**, Slayton, \$91,733. Increase dementia awareness to 300 persons; complete memory screenings for 50 persons; provide Memory Care Consultant services including Resources for Enriching Alzheimer’s Caregiver Health in the Community (REACH) to 100 caregivers. REACH is an evidence-based “intervention to assess risk in the caregiving situation, and then address risks by engaging the Caregiver in problem solving and skills building techniques”. The results to date are: Increased dementia awareness to 358 persons; completed memory screenings for 16 persons; provided Memory Care Consultant services including REACH to 30 caregivers.

## **Southeast planning and service area**

Includes Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha and Winona counties.

- **Winona Friendship Center**, Winona, \$29,941. Create a Giving Voice Chorus for persons with dementia and caregivers to participate; increase dementia awareness through performances by the Giving Voice Chorus; offer engagement to 10 persons/week thru Dementia Friendly Gardens; and host weekly Memory Cafes for persons with dementia and caregivers. The results to date are: Membership for the Giving Voice Chorus is at four persons with dementia and five caregivers; dementia awareness training has reached 162 persons; pre-planning is occurring to prepare the Dementia Friendly Gardens; and the Memory Cafe is hosting three persons with dementia and one caregiver.