

# Share Minnesota and Volunteer!



Share your time.  
Share your ideas.  
Share your comfort.  
or share your skill!



**A One Stop Shop for Minnesota Seniors**

Call the Senior LinkAge Line<sup>®</sup>  
at 1-800-333-2433 to learn  
about volunteer opportunities.



# Why volunteer?

## **There are so many reasons to volunteer!**

1. You can develop a new skill or learn a new hobby.
2. Be a part of your community.
3. Meet new people.
4. Accomplish a personal sense of achievement.
5. Be a community leader.
6. Transition into retirement.
7. Enhance your network when transitioning to a new job.
8. Inspire other people with your passion.
9. Find creative ways to put your talent to work.

## **By calling the Senior LinkAge Line® you will:**

1. Link to an expert who can help you find the best way to volunteer.
2. Get connected to volunteer matching organizations.
3. Find the volunteer opportunity that meets your needs or *sparks* your passion.

## **Before you call:**

1. Think about the things you might be interested in and the number of hours you can volunteer.
2. Think about what sparks your passion and what skills you might have—be creative!
3. Ask about volunteering opportunities that may pay a stipend and think about if this is something you'd like more information about.
4. Write down your thoughts and then share with the call specialist.

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