

**CULTURAL AWARENESS IN DEMENTIA**

**CULTURAL CONSULTANTS SERVING AAA REGIONS**



**BACKGROUND**

Name: ***Blythe S. Winchester*** Phone: ***828-497-9163 ext. 6329***

Email: ***Blythe.Winchester@cherokeehospital.org***

I am a member of the ***American Indian - Eastern Band of Cherokee Indians nation*** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: ***MD, MPH*** My additional relevant education is: ***I am a Board-certified Geriatrician.***

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: ***I am the Medical Director of the Tsali Care Center - Cherokee Indian Hospital in North Carolina and the Chief Clinical Consultant - Geriatrics and Palliative Care with the U.S. Indian Health Service.***



**BACKGROUND**

Name: ***Steve Chapman*** Phone: ***612-723-0006***

Email: ***savingfamilystories@gmail.com***

I am a member of the ***American Indian - Minnesota Chippewa Tribe, White Earth Reservation*** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: ***M.A. Public Administration*** My additional relevant education is:

***I completed the Minnesota Board on Aging's Advanced Dementia Capability Training series.***

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: ***I had the honor of helping my mother, an Ojibwe tribal elder, as she faced the final stages of dementia. To better serve her needs I reached out to tribal members to gather recommendations and suggestions. Thus I had the opportunity to assess and develop options that not only respected our Ojibwe values and traditions, but provided an opportunity to share the importance of culture with health care staff and as a team allowed my mother to stay in her home to the very end.***

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**BACKGROUND**

Name: **Linda Bane Frizzell** Phone: **612-625-6189**

Email: **Frizzell@paulbunyan.net** **N/A**

I am a member of the **American Indian racial** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: **PhD** My additional relevant education is: **I have a doctorate degree in physiology, education administration, and gerontology, and a post-doctorate in epidemiology; professional preparation is both in medicine and education; dedicated to improvement of quality of life across the life span.**

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: **I have extensive experience and practice as a provider and administrator with Indian health systems; was the Executive Director and Staff Trainer for Developmentally Disabled Adults; was an Exercise Physiologist Researcher to determine life satisfaction and physical strength of mentally impaired older adults; was an Exercise Specialist, Physical and Occupational Therapy Programming at Ah-Gwah-Ching Center, a Mental Health Facility of the State of MN.**



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**BACKGROUND**

Name: **Catherine Materu** Phone: **763-442-6719**

Email: **Dydra12@gmail.com** **N/A**

I am a member of the **East African-Swahili** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: **MD** My additional relevant education is: **I completed a MD from Tanzania; finished Harvard Medical School Continuing Medical Education courses on Alzheimer’s disease, dementia, elderly abuse and driving; learned strategies for management of pain and infections in the elderly patients.**

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: **My father suffered from dementia until his death; personally experienced dementia in my family for the past twelve years; aware of the hardships of care takers of the patient and the health care providers for affected families; hands on experience with elderly patients with co-morbid conditions including dementia.**



**BACKGROUND**

Name: **Yolima M. Chambers** Phone: **612-874-1412**

Email: **ychambers@centromn.org** **www.centromn.org**

I am a member of the **Latino** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: **B.A.** My additional relevant education is: **I have completed several trainings with the Alzheimer’s Association and the Minnesota Board on Aging’s Advanced Dementia Capability Training Series.**

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: **I have been the Project Manager for the ACT on Alzheimer’s Latino Collaborative since 2014. This collaborative is led by Centro Tyrone Guzman with partners from the health care sector, the social service sector, and the community at large. I have gained a deep understanding of Latino community needs and opportunities.**



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**BACKGROUND**

Name: **Guadalupe Quintero** Phone: **507-351-9242**

Email: **guadalupealba12@gmail.com**

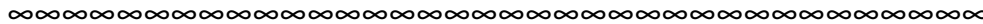
I am a member of the **Latino** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: **MS** My additional relevant education is: ***I have a Bachelor's degree in Community Health and MS - Multi-Disciplinary Studies from Mankato State; Currently Director of Community Partnerships at MSU; Rural Community Health Worker (CHW) and Latino Students Wellness Program Coordinator at Comunidades Latinas Unidas En Servicio (CLUES); supervises and trains rural CHWs on health promotion and prevention, cancer screening referrals, diabetes prevention and tobacco cessation.***

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: ***While taking care of my mother, who is in the last stage of Alzheimer's, the need for dementia patients to live with respect and dignity was reinforced. In particular, paid caregivers and healthcare providers must be sensitive to Latino cultural values of bonding, trust & language preference.***



**BACKGROUND**

Name: **José William Castellanos** Phone: **651-231-1651**

Email: **cast0072@umn.edu**

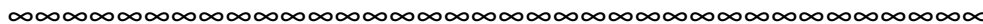
I am a member of the **Latino/Hispanic/Chicano** ethnic/cultural group whose norms and values I know intimately.

**PROFESSIONAL BACKGROUND**

Education: **MD, PhD** My additional relevant education is: ***I have a MD from the National Univ. of Colombia, a PhD from the Univ. of Minnesota, and have studied Community Psychology.***

**SUPPLEMENTAL INFO**

Let me tell you about my experience with dementia care or services: ***I have more than 15 years of clinical experience in Colombia including urgent and long term services caring for patients diagnosed with Alzheimer and other dementias.***



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BACKGROUND

Name: **Farhiya M. Farah** Phone: **612-702-5051**  
Email: **ffarah@globeglow.com** **www.globeglow.com**

I am a member of the **Somali** ethnic/cultural group whose norms and values I know intimately.

PROFESSIONAL BACKGROUND

Education: **MPH** My additional relevant education is: **I will complete my PhD in August 2016.**

SUPPLEMENTAL INFO

Let me tell you about my experience with dementia care or services: **I have worked with over 70 Somali seniors who are 65 and above for over four years; intimately aware of their dementia related struggles and it's complication caused by their resettlement in the US, cultural differences, language difficulties, literacy concerns and other barriers.**



BACKGROUND

Name: **Abdirashid Shire** Phone: **507-216-3759**  
Email: **director@herisa.us** **www.herisa.us**

I am a member of the **Somali-American** ethnic/cultural group whose norms and values I know intimately.

PROFESSIONAL BACKGROUND

Education: **PhD** My additional relevant education is: **I completed my B.Sc. in Biological Sciences in 1988 from Lafole College of Education, Somali National University; M.Sc. in Medical Parasitology in 1995 from the London School of Hygiene and Tropical Medicine (LSHTM), University of London; Ph.D. in Molecular Parasitology in 2003 from LSHTM.**

SUPPLEMENTAL INFO

Let me tell you about my experience with dementia care or services: **I have extensive experience in working with Minnesota's Somali community in research, community health education, and community health engagement; and successfully completed the three stages of the dementia training – basic, advanced, and cultural awareness – as well as in-person dementia training. . I am the principal of Helath and Research Institute for Somali Americans (HeRISA).**